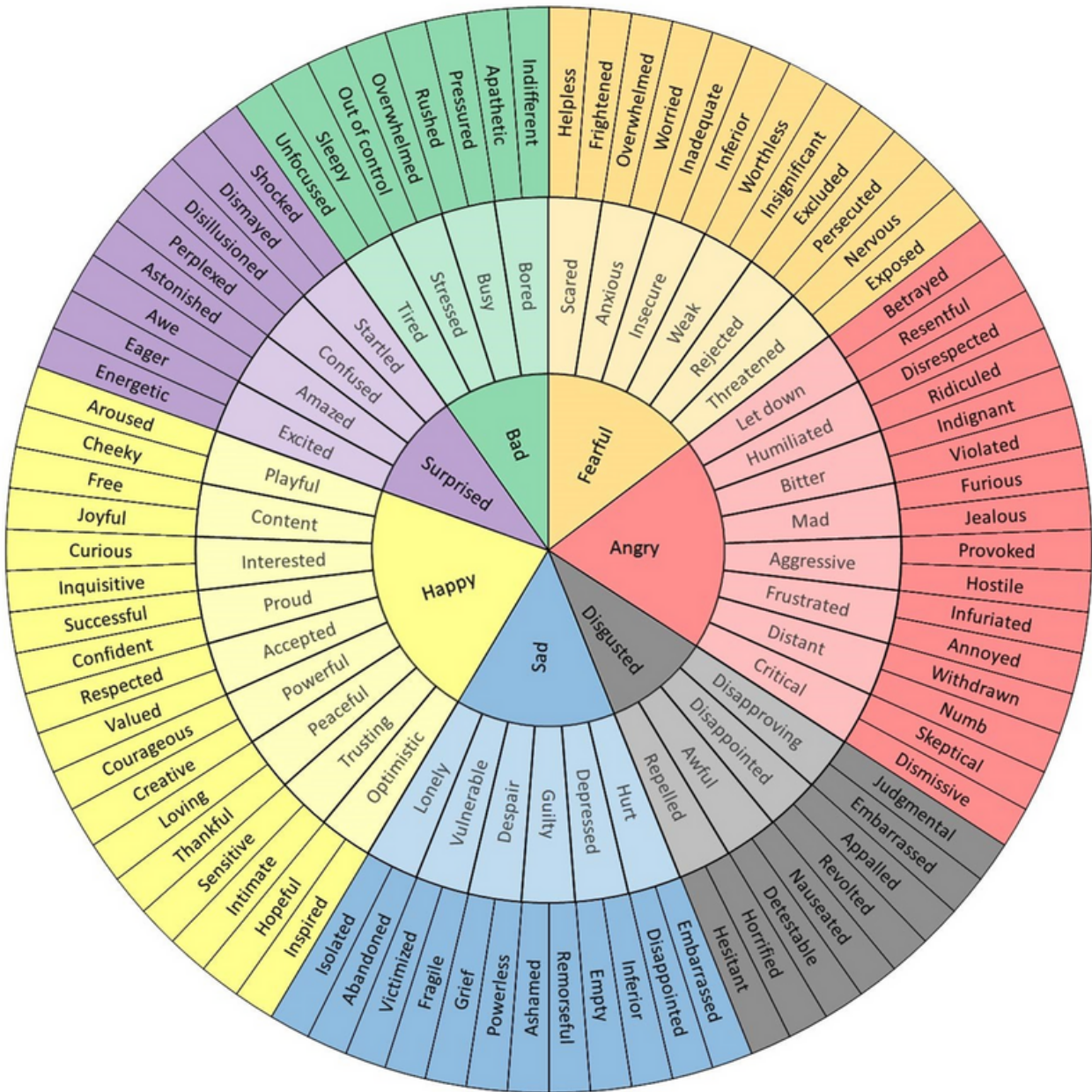


Emotions wheel



What am I feeling?

What may be making me feel this way?

Is there anything I can do with this feeling?